

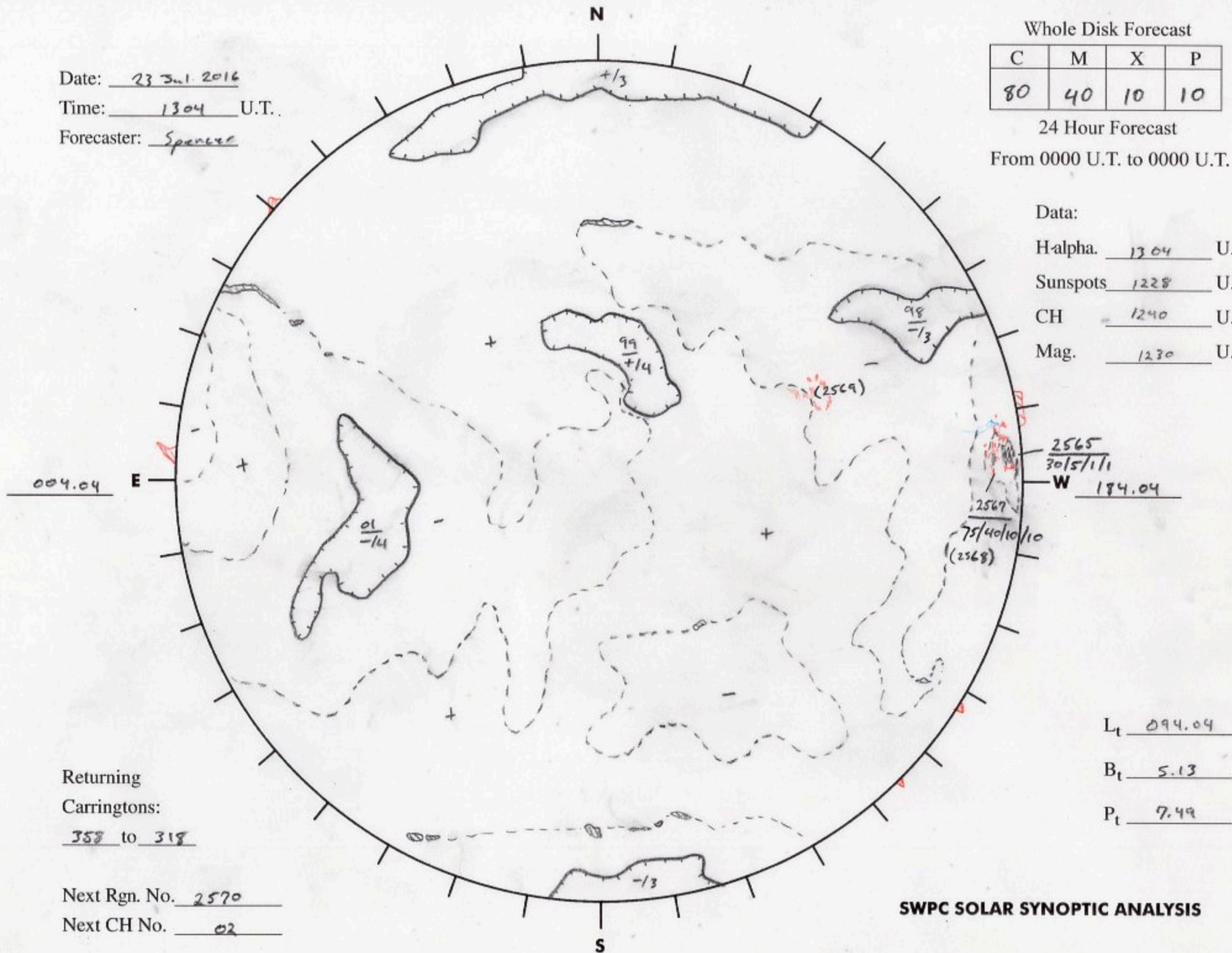
Date: 23 Jul 2016
 Time: 1304 U.T.
 Forecaster: Spencer

Whole Disk Forecast

C	M	X	P
80	40	10	10

24 Hour Forecast
 From 0000 U.T. to 0000 U.T.

Data:
 H-alpha. 1304 U.T.
 Sunspots 1228 U.T.
 CH 1240 U.T.
 Mag. 1230 U.T.



Returning
 Carringtons:
358 to 318

Next Rgn. No. 2570
 Next CH No. 02

L_t 094.04
 B_t 5.13
 P_t 7.49